



Summer Academic Orientation (SAO) 2012



SUMMER ACADEMIC ORIENTATION (SAO) 2012

University Community Centre, Main Campus
Thursday, June 21 – Friday, August 3, 2012
Weekdays

Welcome to The University of Western Ontario! Our goal for this unique Western program is to help first-year main campus students get prepared for September by offering each incoming student the opportunity to select and register for courses, meet staff, faculty and upper year students, and learn more about the Western community.

We endeavour to ease your transition to Western, and by attending SAO you will:

- Meet individually with a faculty member or academic advisor who will counsel you on the appropriate first year course selection for your intended program
- Create a personalized timetable, with assistance, and register for your courses
- Learn about Western's services, the campus and university life
- Meet other first-year students in your program

Summer Academic Orientation is provided to full-time students admitted to all main campus first-year programs. Please expect to attend the program for a full day (approximately 5 – 6 hours).

STUDENT AND PARENT/GUEST REGISTRATION ONLINE:

Web: www.sao.uwo.ca
Email: sao_registration@uwo.ca

(Enter your email address to be notified when registration opens – Online Registration will open in early June)

OR

By telephone: Starting Monday June 4, 2012 at 519-661-3070 (Mon. - Fri.), 9 a.m. - 4 p.m.



Frequently Asked Questions

1) DO WE HAVE TO REGISTER IN ADVANCE TO ATTEND AN SAO DAY?

Yes. Due to the number of students and their guests attending SAO and our efforts to make this a wonderful experience for everyone, we will NOT be able to accept drop-in arrivals. Only those students and parents who have registered online or by phone can be accommodated. www.sao.uwo.ca

2) WHAT IF I AM UNABLE TO COME TO CAMPUS FOR AN ORIENTATION DAY?

Telephone advising for course selection is available for students who live outside a four-hour travelling distance to Western. You may book an appointment online if you live outside of Ontario or you are an International Student. If you live inside Ontario but more than a four-hour travelling distance, please call us to book an appointment, 519-661-3070 beginning Monday, June 4, 2012.

On the day of your telephone advising appointment, be sure to have your proposed course selection, your First Year Calendar and questions ready. Allow 20-30 minutes for your appointment. As a follow up, you will plan your timetable and use Western's online registration program to register for your courses.

3) HOW SHOULD I PREPARE FOR MY SAO APPOINTMENT?

Review course descriptions and program information in the First Year Calendar. If you would like to see our full academic calendar, check our website at:

www.westerncalendar.uwo.ca

Bring your First-Year Calendar with you to SAO. Write down questions you may have about Western, the City of London and/or university in general. Plan to spend most of the day at Western. Should you not be available for the day, please notify us. Expect your orientation to last a minimum of five-six hours.

4) SHOULD I BOOK A CAMPUS TOUR FOR THE SAME DAY?

The SAO program offers brief campus tours on a daily basis as part of SAO. Each tour includes seeing one suite-style and one traditional-style residence. These tours are included in your SAO day and you do not need to book a separate tour. If you are unable to attend a tour on your SAO day, but still wish to see the campus, you may join one of our tours on another day or book a separate campus tour at welcome.uwo.ca/preview/visitus/tour.html. These tours are full campus tours and are offered by our Undergraduate Recruitment Office. Please expect the full tours to last a minimum of two hours.

5) CAN PARENTS AND OTHER GUESTS ATTEND?

Parents and interested guests are welcome and encouraged to attend. We offer a concurrent parent program that provides information about Western's programs and services available to first-year students. Space in the parent program is limited, and we can only allow up to two guests per student. We ask that all guests register for the program with their student at: www.sao.uwo.ca

6) WILL PARENTS BE INCLUDED IN THE COURSE ADVISING SESSION?

The advising sessions at SAO are intended to be an opportunity for first-year students to interact one-on-one, with an academic counsellor or faculty member from their faculty/program. It is important to discuss course selection with your student before attending your SAO day.

7) CAN I STAY OVERNIGHT?

We have two styles of accommodation to suit your preferences.

Elgin Hall, one of our suite-style residences, is a Bed and Breakfast in the summer months and can accommodate you in semi-private, suite-style rooms. Each air-conditioned suite has four single bedrooms, a common living room and two full bathrooms. Elgin Hall has hotel-like amenities and services ranging from key card access to housekeeping.

Elgin Hall Bed and Breakfast offers SAO participants the special rate of approximately \$50/per person for one night (plus 13% HST) including continental breakfast and high-speed internet. Please mention SAO when you are booking your accommodation. To register for your accommodation online, please visit our website at: www.stayatwestern.ca or call 1-888-661-3545. Rates for additional nights are mentioned on the website.

Windermere Manor offers 48 spacious suites and rooms, full hot breakfast included in the room rate, ample free parking, free wireless internet service, 100% smoke free facility, in-room spa service, an on-site restaurant serving breakfast, lunch and dinner, a fully licensed outdoor patio and a beautiful setting. Windermere is located 5 minutes from Western's main campus. SAO participants get a 10% discount on suites and rooms. For reservations or accommodation inquiries, please contact us by:

Telephone: 1-800-997-4477

Email: reservations@windermere.uwo.ca

Website: www.windermeremanor.com



8) IS LUNCH AVAILABLE?

Lunch is available for purchase at the Centre Spot in the University Community Centre. SAO participants will receive a discount on food purchases with their SAO name tag. Here is a link to the Centre Spot Food Court hours: www.has.uwo.ca/hospitality/eateries/mapsearch.cfm?building_id=UCC

There are other campus eateries that will be open for both sit-down and take-out options, including The Wave and The Spoke. Both the Wave and the Spoke also offer discounts for SAO participants with their SAO nametag: www.usc.uwo.ca/wave
www.usc.uwo.ca/spoke

Debit is not accepted at all locations however the UCC has a number of ATM/Bank Machine options.

9) ARE THERE SERVICES FOR STUDENTS WITH DISABILITIES?

Yes, Western provides services for students who have disabilities. If you require any special arrangements in order to participate in your SAO day, please contact the coordinator at lgloor@uwo.ca or 519-661-2111 ext. 85183.

To prepare for the fall, students with disabilities are encouraged to call Services for Students with Disabilities (SSD) or visit their website during the summer to explore available services, including a summer transition program for students with learning disabilities. Academic accommodation must be requested during the summer, as soon as

possible after students register for courses. Later requests will be considered, however accommodation may not be arranged in time for first term examinations. Please note that academic accommodation and related assistance provided at Western may differ from that provided by an individual's previous educational institution. Individuals contemplating attending Western are encouraged to consult with SSD regarding accommodations that the University would provide for them prior to making a final decision about attending Western. To arrange this consultation or to obtain information about requesting academic accommodation and documentation requirements, call: 519-661-2147 or visit: www.sds.uwo.ca/ssd

10) HOW DO I REGISTER FOR COURSES?

Once you have received advising for your courses, you may then proceed to register for your courses. If you attend SAO in person, we will assist you with creating your timetable and show you how to register for your courses.

If you receive telephone counselling, you select your courses by following the registration instructions found online at: www.registrar.uwo.ca/FAQ/RegistrationHelp.cfm. Call our Registration Help Line at 519-661-2100 if you require assistance with course registration using Western's Student Center system. For questions regarding course selection and/or academic progression please contact your Department or Faculty.

11) WHAT IS THE DEADLINE FOR COURSE SELECTION?

You are not required to wait for your SAO day before registering for courses, however we do suggest that your courses be reviewed at SAO. We will provide you assistance to make any required changes during your SAO day. The last day for online web registration is September 12*. The final day to add a full course or a first term half course is September 14*. Once SAO ends, you must obtain any academic counselling you may need through the Dean's Office of your Faculty of registration. (*Date may be subject to change)

Affiliated University College students obtain counselling through the appropriate Registrar's Office at their College.

www.brescia.uwo.ca
www.huronuc.on.ca
www.kings.uwo.ca

12) HOW MANY COURSES DO I TAKE?

Full-time students normally register in 5.0 courses. (If you register for 3.5 courses or more, you are considered a full-time student and must pay full-time fees.) Scholar's Electives students take 5.5 courses in their first year.

13) WHAT IF I WANT TO CHANGE MY COURSE SELECTION?

You can use the online registration system until September 12* to make course changes (pending course availability). The final day to add a full course or a first term half course is September 14*. (*Dates may be subject to change)

14) WHY DO I NEED A STUDENT CARD AND HOW DO I OBTAIN ONE?

The Western ONECard is both your campus identification card (required for all final exams) and a convenient, easy, and safe way to make purchases and use services on campus including: libraries, the campus recreation centre (gym), meal purchases, parking, door access, and vending machines. You can upload your photo or you may get your photo taken on campus during your SAO day. You will have the chance to pick up your student card on your move-in day in September or your first day of Orientation Week.

More Information is available at: www.registrar.uwo.ca/index.cfm/general-information/western-onecard



Experience London



London, Ontario, Canada's eleventh largest city, is a cosmopolitan centre with a population of more than 460,000. London is the geographic centre of Southwestern Ontario – 150 million people live within a day's drive. Our city is affectionately known as the Forest City for its treed areas, over 200 public parks and extensive trail system that runs along the Thames River, right on to Western's campus. Winter, summer, spring and fall, London is always bustling with concerts, sporting, artistic, cultural, and community events. Access to beaches and ski resorts are within a half hour to an hour and a half drive from London. Located in the centre of Southwestern Ontario, travelling from London to Toronto, Windsor, Buffalo or Michigan is easy. If you want to travel to warmer climates or exotic places, the London International Airport has flights to various international destinations.

www.london.ca
www.londontourism.ca
www.goodmovelondon.com

TRAVEL TO AND AROUND LONDON

Travel to and within London is easy. The London International Airport, VIA Rail and Greyhound buses provide easy access to London from across Canada. As well, our London Transit buses and taxis cover the entire city and do a great job of getting you where you need to be with courteous service.

www.ltconline.ca

AIR TRAVEL

The London International Airport offers 24-hour operations with complete ground handling services and is located 11 km from downtown London with excellent access to the 400 series highways. If you're travelling from the west or the east you can easily connect to London through Toronto or Detroit, Michigan. As well, WestJet, Air Canada, Jazz, United Airlines, and Northwest AirlinK Airlines offer direct flights from London to Toronto, Winnipeg, Calgary, among other locations. The airports in the major urban centers have connections to many other global destinations.

www.londonairport.on.ca

TRAIN TRAVEL

VIA has many options for students travelling for school. Visit VIA Rail Canada's website:

www.viarail.ca

GROUND/BUS TRAVEL

Greyhound Canada is the largest provider of intercity bus transportation in Canada, serving nearly 1,100 locations. Greyhound buses travel around the clock, so you can travel by day and enjoy the scenery through wide panoramic windows, or by night, relaxing in a reclining seat with reduced interior lighting. Visit Greyhound Canada's website:

www.greyhound.ca



Residence

Residence halls bustle with student activities geared toward helping you get acquainted with university life and developing your academic, personal and professional potential. Study skills programs, intramural sports, cultural events, movies and impromptu gatherings are just a few of the many activities waiting for you at Western.

Residence provides you with the unique opportunity to meet a diverse mix of people, get to know one another, and develop lifelong friendships. The many other advantages include being a vital member of a strong community, having the support of fellow residents and staff, and becoming informed of university happenings while living in the heart of campus. See our website for more information about the following:

- Residence Information
- Residence Education & Programs
- Off-Campus Housing Service
- On-Campus Apartments
- Housing Mediation Service
- Family Accommodation

www.residenceatwestern.ca



CANADA'S BEST STUDENT EXPERIENCE

For the tenth consecutive year, The University of Western Ontario received the highest grades among large Canadian Universities in the Globe and Mail's Annual Report Card. By offering diverse programs, a flexible curriculum, world-renowned facilities and internationally celebrated professors, Western continues to be recognized for its commitment to providing the best student experience among Canada's leading research-intensive universities.



Health and Wellness

STUDENT HEALTH SERVICES

Student Health Services provides medical and counselling services by a team of doctors year-round. Doctors at Student Health Services work in the same capacity as your family doctor and can order X-rays and blood tests, prescribe medications and make referrals to specialists and physiotherapists.

www.shs.uwo.ca/student/studenthealthservices.html

The University also offers:

- Dental Clinics
- Chiropractic Care
- Pharmacy
- Fowler Kennedy Sport Medicine Clinic
- Counselling Services

PSYCHOLOGICAL SERVICES

Western Student Services Building,
4th Floor, Room 4112

Psychological Services at the Student Development Centre assists students with meeting personal, social and academic goals through both individual and group counselling. Students access psychological services for support and to learn strategies for coping with relationship and family concerns, self-esteem issues, stress, and decision-making.

Services and programs include:

- **Individual counselling and psychotherapy**
Provided for a wide-range of issues and concerns such as relationship issues, grief and loss, procrastination, stress, anxiety, depression, violence and abuse;
- **Crisis counselling**
Psychological Services provides same-day crisis intervention appointments;
- **Workshops and groups**
Topics include self assertion, mindfulness, healthy relationships, emotion regulation, distress tolerance.

www.sdc.uwo.ca/psych

HEALTH INSURANCE

All Ontario students must have their own Ontario Health Insurance Plan (OHIP). OHIP covers physicians' services, hospitalization, x-ray, and laboratory services that have been ordered by a physician.

Out-of-province students, insured through their home province plans, may not be covered for all of the above services. Inquiries about out-of-province coverage should be made to the plan's head office. All students are responsible for any costs incurred for services rendered by Student Health Services. If you do not have health insurance, you will be invoiced directly.



Full-time undergraduate students are automatically covered by a supplementary health plan, through the University Students' Council (USC). The insurance cards and details of the coverage are available at the website below or at The Info Source, UCC, 519-661-3722. You may be eligible to opt out if you are covered completely by another plan. Details for opt out are available in late June. The deadline to opt out and receive a refund is September 28, 2012. The fee for the health plan must be paid in full as indicated on your statement of account. Refunds are issued by the USC. See details below:

www.studentbenefits.ca

HEALTH INSURANCE FOR INTERNATIONAL STUDENTS

As international students are not eligible for coverage under the provincial health plan of the Ontario Health Insurance Plan (OHIP), Ontario universities have put together a MANDATORY health care package (University Health Insurance Plan or UHIP) for international students. UHIP offers many of the same benefits as OHIP. For more information on UHIP, including coverage, cost and how to obtain your UHIP card, please see the International Students' Services website at: www.iesc.uwo.ca or visit the UHIP website at: www.uhip.ca

Student Development

THE STUDENT DEVELOPMENT CENTRE

The Student Development Centre (SDC) is home to an array of integrated professional and accessible services that help undergraduate and graduate students achieve their personal, academic, and professional goals in a confidential and caring environment.

Our staff members are highly trained and experienced professionals who know what campus life is all about. We offer workshops and presentations, on-line help, drop-in centres, individual counselling, and self-help materials. For more information on SDC services, go to the Western Student Services Building, Suite 4100, call 519-661-3031 or visit our website.

www.sdc.uwo.ca

LEARNING SKILLS SERVICES

Student Development Centre's Learning Skills counsellors provide information and support to help students achieve academic success. Services include a drop-in centre, presentations, individual counselling, resource library and help online. Drop by the Learning Help Centre to strengthen key academic skills, including time management, multiple choice test preparation and science/math problem-solving skills. Attend presentations to learn important techniques for success at university. Schedule a confidential counselling appointment to discuss strategies to improve grades and excel at Western. Online help includes bi-weekly emails, WebCT-based presentations and an extensive website. Learning Skills Services is located on the fourth floor of the Western Student Services Building, Room 4111.

www.sdc.uwo.ca/learning

THE WRITING SUPPORT CENTRE

Register for our Summer Academic Writing Clinic to ease your transition to university. Our Writing Centre also offers free one-on-one tutoring sessions, online support, writing seminars and drop-in services. The Centre is located on the fourth floor of the Western Student Services Building, Room 4112.

www.sdc.uwo.ca/writing

THE STUDENT SUCCESS CENTRE

The Student Success Centre is here to help with each step of your journey to a successful future. We understand that by coming to Western you have chosen to invest your time, money and energy to set yourself up for the best possible outcomes. There are a number of transitions to be navigated on the path to success, and we are here to support you. This means finding opportunities that build

your skills, knowledge and experience for a meaningful and fulfilling life.

The Centre also promotes programs to enrich academic learning including:

- Ready for University!
- Scholar's Electives (a select group of students committed to high achievement and personal growth)
- Western's Initiative for Scholarly Excellence (WISE): Free university course for high achieving secondary school students
- Academic advising for mature and part-time students (by appointment)
- First Generation Students (FGS)
- Summer Academic Orientation (SAO)
- What's Your Program & Ready for Intent to Register
- Getting Ready for Second Year

University Community Centre (UCC) Rm. 210
519-661-3559

success.uwo.ca

LEADERSHIP AND MENTORSHIP PROGRAM (LAMP) – PEER MENTORING PROGRAM

First-year students are matched with an upper year student from their program/faculty and they form connections and relationships to help guide them through their first year. We organize academic and social events from Professor Meet and Greets to Coping with Stress Sessions to Study Sessions for First Year Courses.

LEADERSHIP EDUCATION PROGRAM (LEP)

LEP is a free program providing Western undergrads with the opportunity to gain a

wealth of knowledge that will help them become truly effective leaders. LEP is delivered via 14 modules divided into three tiers. Successful completion of at least five modules from a tier will be recognized with a Letter of Accomplishment in Individual Leadership (Tier One), Group Leadership (Tier Two), or Community Leadership (Tier Three) signed by Dr. Amit Chakma, President of The University of Western Ontario.

www.lep.uwo.ca

SOCIETY OF OFF-CAMPUS STUDENTS (SOCS)

SOCS provides an inclusive and welcoming community for first-year students living off-campus through increased accessibility to resources and various events and activities throughout the year. The Off-Campus Team is a group of highly motivated individuals who encourage the academic and social success of all off-campus first-year students through a wide variety of programming over the course of the academic year.

www.socs.uwo.ca

WESTERN SCHOLARS

The Western Scholars program is designed for exceptional student leaders interested in pursuing a unique and rewarding academic experience. The program provides opportunities for outstanding students to learn and grow as both students and global citizens in an engaging, enriching, and inspiring environment. To be eligible to join Western Scholars, students must have a minimum admission average of 90%.

westernscholars.uwo.ca



A Supportive Environment

CO-CURRICULAR EXPERIENCES

WESTERN'S VOLUNTEER PROGRAM

This program is designed to allow motivated students the opportunity to participate in beneficial volunteer opportunities targeted directly to academic and career progression. Western's Volunteer Program provides current Western students with practical experience and the opportunity to enhance their learning and civic responsibility while addressing campus community needs.

success.uwo.ca/index.cfm/experience/volunteering

VOLUNTEERS IN PROGRESS (VIP)

Over 100 students volunteer each year with the Student Development Centre's (SDC's) Volunteers in Progress (VIP) program. VIPs offer support in a wide variety of administrative and promotional positions. The program was designed to complement students' academic life by providing them with an opportunity to develop skills and gain career-related work experience.

www.sds.uwo.ca/vip

INTERNATIONAL STUDENT EXCHANGE PROGRAM

As a Western student, you can study on exchange at more than 85 universities around the world and earn credit toward your Western degree! Current opportunities enable Western students to study in one of over 20 countries including Australia, Belize, China, Denmark, Finland, France, Germany, Hong Kong, India, Japan, Mexico, The Netherlands, New Zealand, Scotland, Singapore, Sweden, United Kingdom and the United States.

www.sdc.uwo.ca/int/exchange

THE UNIVERSITY STUDENTS' COUNCIL (USC)

As Canada's largest student union, the USC is committed to making your university experience enriching, exciting and enjoyable. In addition to programming events and managing University Community Centre operations, the USC lobbies all levels of government to ensure that your education is affordable, accessible and of the highest quality both socially and academically. You can get involved by becoming a representative on the Council, working on committees, volunteering at our media outlets, or coordinating numerous USC projects like Theatre Western, Charity Ball, and more. The USC also provides a variety of services including a bus pass, student health plan, food bank, and student groups like Pride Western, the Women's Issues Network, EnviroWestern, and nearly 200 clubs.

www.usc.uwo.ca



Maria Khami on exchange to Lyon, France.

EQUITY & HUMAN RIGHTS SERVICES

Equity & Human Rights Services (EHRS) is dedicated to making Western an equitable, safe and supportive environment for all members of the University community. EHRS administers the University's policies on discrimination and harassment. We offer a resource centre for equity and human rights information and materials.

www.uwo.ca/equity

INDIGENOUS SERVICES

Western Student Services Building, 2nd Floor, Room 2100

The Learning Resource Centre offers culturally sensitive and respectful services and programs designed to recruit, retain and graduate First Nations, Inuit and Metis students. Our students have access to a computer lab, printing, copying, faxing, telephone, kitchen facilities, study space, quiet areas, group and gathering space, counselling and staff offices, Visiting Elders, Aboriginal Traditional Knowledge (ATK) teachings, research assistance, outreach, recruiting, admissions assistance, tutoring, youth programming (tours, high school visits, recruiting, sports events, and four different summer camps), special events, campus tours, employment, volunteer and scholarship/bursary listings. The Access Transition Opportunities service advocates for specialized admissions and offers academically based support services for Indigenous students entering Arts and Humanities, Engineering, Health Sciences, Sciences and Social Sciences.

indigenous.uwo.ca

SERVICES FOR STUDENTS WITH DISABILITIES

Western Student Services Building, 4th Floor, Room 4111

Services for Students with Disabilities (SSD) assists students who have ongoing conditions or challenges that may include chronic illnesses, chronic pain, attention deficit disorders, learning disabilities, psychiatric disorders as well as vision, hearing or mobility impairments. Students with disabilities can find help accessing locations, services, technology and information at the university. Academic accommodation can also be arranged. SSD offers the Adaptive Computing Technology Centre located on the 4th floor of the Western Student Services Building and the Access Lab and Learning Opportunities Lab located in the Weldon Library. Set up a meeting with a counsellor to discuss possible arrangements the university can make in order to accommodate your needs.

www.sdc.uwo.ca/ssd

INTERNATIONAL AND EXCHANGE STUDENT CENTRE

Year-round programs, information and individual assistance with issues covering a broad range of questions and concerns are available to international undergraduate and graduate students at Western Individual assistance with immigration regulations, financial, cultural, career (Canadian work regulations, etc.) and personal issues is provided. Other services include pre-arrival guide, International Student Handbook, Orientation Service, Peer Guide Program, English Conversation Program, Emergency Loan and Bursary Program, social/cultural and informative events, online assistance at iesc@uwo.ca.

www.iesc.uwo.ca

OFFICE OF THE OMBUDSPERSON

The Ombuds Office is available to all students and provides a safe, confidential environment in which students can discuss a University related problem or concern. It provides general information about University resources, procedures, rules and students' rights and responsibilities. The Ombuds Office works with students to identify problem-solving strategies for resolving their concerns. ombuds@uwo.ca

www.uwo.ca/ombuds

Experience a Safe Campus

CAMPUS COMMUNITY POLICE SERVICES

Campus Community Police Services is involved in activities that include patrols, response, crime prevention, emergency management and fire safety. Western is patrolled every day by professionally trained special constables, backed with the same authority on campus as the city police, and are committed to your safety.

uwo.ca/police

WESTERN FOOT PATROL

The Western Foot Patrol is a volunteer-driven, campus crime prevention program. A program of the Campus Community Police Services, Western Foot Patrol volunteers will wait for you at bus stops, ensure you reach your car safely in campus parking lots and escort you to your residence or any building on campus.

uwo.ca/footpatrol

STUDENT EMERGENCY RESPONSE TEAM (SERT)

SERT is a student-run volunteer organization providing emergency medical service response to 911 calls at Western. Fifty team members provide service 24 hours a day, seven days a week during the academic school year and 8:30 a.m. - 4:30 p.m. service from May to August. SERT is dispatched through the Campus Community Police Service to any medical emergency on campus, responding in three-person co-ed teams, with an average response time of two minutes.

www.sert.uwo.ca



JARRETT MCCOURT

Windsor, Ontario

**HONORS MUSIC PERFORMANCE
(ORCHESTRAL INSTRUMENT, TUBA), MINOR IN ETHICS**

What is your future ambition?

Ever since I began playing the tuba, I knew it was what I wanted to do for the rest of my life. It's what drives me, and I'm extremely passionate about it. I can't see myself doing anything else.

What is your most memorable experience at Western?

Being a soph this year is not only my most memorable experience at Western, but it is something that I will hold close to my heart for the rest of my life. To see sophs, faculty and staff come together to create a warm and welcoming atmosphere for incoming first-years was truly magnificent and eye opening.

Why Western?

Western is the best. Hands down, without a doubt. After visiting Western for the first time in the eleventh grade, I was absolutely certain that I wanted Western to be my school. The atmosphere is energetic and welcoming and the campus is absolutely stunning. For me, there was no other choice.

Services to Help You Succeed

THE BOOK STORE & CAMPUS COMPUTER STORE

The Book Store at Western offers the largest selection of new and used textbooks for all university courses. Owned by the University, The Book Store is Western's official campus bookstore and supports student programs. The Campus Computer Store offers educational discounts to students on brand name laptops, software, accessories and more.

www.bookstore.uwo.ca
www.computerstore.uwo.ca

INFORMATION TECHNOLOGY SERVICE (ITS)

ABOUT YOUR WESTERN IDENTITY

Your Western Identity is your key to central services at Western and consists of your User ID and Password. This identity is assigned to you upon application to Western as a student and cannot be changed. Your Western Identity is used as a central authentication source, granting you access to a wide variety of services, such as:

- Office of the Registrar
 - » Student Services
 - » Student Center
- General Student Computing Labs
- Calendar and Email – Convergence
- WebCT Vista
- Western Libraries
- Wireless

If you have not already activated your Western Identity, go to: www.uwo.ca/its/identity/identities-new-student.html

Please note that most access will be active within one hour after signing the Acceptable Use Agreement. If you have already activated your Western Identity but have lost or forgotten the password, go to www.uwo.ca/its/identity/resetpw.html to have it reset.

Once you are a registered student your Western e-mail will be the primary mode of communication from the Office of the Registrar.

ITS Customer Support Centre
Support Services Building, main floor right inside the front doors
Monday – Friday, 8:30 a.m. – 4:30 p.m.
519-661-3800 or Ext 83800
www.uwo.ca/its

PARKING

General permit, visitors information, and campus maps.

www.uwo.ca/parking

STUDENT CENTRAL

Western Student Services Building, Room 1120
519-661-2100
contact@uwo.ca
www.registrar.uwo.ca/index.cfm

Student Central offers a wide variety of in person, online, and telephone services. The following is a partial listing of the services offered by Student Central:

RELEASE OF INFORMATION

Students can give permission to a third party to do specific tasks or to obtain specific information on their behalf in the Office of the Registrar via the online Release of Information service. To add a Release of Information to your file, visit Student Center at student.uwo.ca and select "Release of Information" under the Personal Information heading.

OFFICIAL WESTERN LETTERS

An Official Western letter is a document that can be used for purposes such as:

- Proof of current enrollment
- Statement of current fees or past fees paid
- Visa letters for international students

THIRD PARTY FORMS

We complete a variety of third party forms, such as RESP forms, to validate registration.

WESTERN ONECARD

A Western ONECard is issued to every student when they first come to Western. Students are to keep their Western ONECard for the duration of their studies and the card is to be used only by the person to whom it is issued.

There is a fee charged to replace a lost or damaged Western ONECard. To obtain your Western ONECard, please upload a photo by logging into your Student Services account at <http://studentservices.uwo.ca> or by visiting Student Central in person. You will be required to present a piece of photo identification at Student Central when you come to have your photo taken or to pick up your Western ONECard after uploading a photo. Watch your e-mail for more information on the Western ONECard Photo Upload Service and where to pick up your card in September.

WESTERN LIBRARIES

The Western Libraries website provides access to millions of items in print, electronic, and other formats supporting the subject interests of all Western Faculties. Use the Library Catalogue and other web services to explore your field of study. Helpful staff are available to provide assistance at service desks in seven different locations: Archives and Research Collections Centre; C.B. "Bud" Johnston Library (Business); Education Library; John and Dotsa Bitove Family Law Library; Music Library; Allyn and Betty Taylor Library (Engineering, Health Sciences, Schulich School of Medicine and Dentistry, Science); and The D.B. Weldon Library (Arts and Humanities, Information and Media Studies, Social Science) and the Map and Data Centre.

www.lib.uwo.ca

THE UNIVERSITY COMMUNITY CENTRE

The University Community Centre (UCC) is home to your University Students' Council (USC) and has a variety of services vital to a full and vibrant university experience. Within the UCC, you'll find Student Health Services and Western Foot Patrol. The UCC is also home to the USC's volunteer-fuelled student media outlets: the award-winning radio station CHRW 94.9 FM, and The Gazette, Canada's only daily student newspaper.

Eateries in the UCC include The Spoke Lounge and Pub, and the popular Wave restaurant located beside Western Film. At night, students can catch the latest flicks at Western Film.

The UCC offers virtually every item you'll need while at Western. Among the most popular destinations are the Book Store, the Postal Outlet, the Grocery Check Out and the Pharmacy. InfoSource, located near the main entrance of the building, is your guide to the UCC. Drop by to learn more about these student-driven services and stores, or for tickets to a variety of on campus events throughout the school year.

www.usc.uwo.ca/page.asp?id=53



Experience Extracurricular Activities

WESTERN CLUBS AND ASSOCIATIONS

Getting involved with Western's Clubs Community is a great opportunity to get the most out of your student experience. Joining a club opens up many opportunities and allows for a balance between academic life and extracurricular activities. With nearly 200 clubs to choose from, there is something for everyone. The easiest way to get involved is during Clubs Week, which takes place in September each year. Clubs Week showcases all of the clubs and provides students with the opportunity to learn more about the groups available.

To view a complete list of University Students' Council clubs visit www.usc.uwo.ca/westernclubs/clublist/#all

CAMPUS RECREATION

Campus Recreation provides a variety of drop in activities, intramural sports, instructional courses, and sport clubs, and wellness services to meet the diverse fitness and recreation needs of all Western students. January 2009 saw the opening of the 160,000 square foot Western Student Campus Recreation Centre, with a 50 metre swimming pool, fitness and dance studios, a fully equipped Fitness Centre, squash/racquetball courts and 5 gymnasias, as well as locker rooms and other amenities. Facilities are open long hours year round to provide ample opportunity for busy students to make fitness a part of their lifestyle. Nearly 400 Western students are employed by Campus Recreation. We have one of the largest intramural sports programs in Canada, with over 15,000 participants on over 1,200 teams a year in an astounding array of sports.

westernmustangs.ca

SPORTS CLUBS

Sports clubs are affiliated with Campus Recreation and offer co-ed recreational opportunities with instruction and tournaments for beginner to advanced levels of activity, as well as some competitive sport opportunities for extramural competition as well.

VARSITY ATHLETES

Colours: Purple, White and Silver

Team Name: Mustangs

Number of Teams:

Women's Varsity Teams – 21

Men's Varsity Teams – 20

Competitive Divisions:

Ontario University Athletics (OUA)

Canadian Interuniversity Sports (CIS)



NAIRA AHMED

Saudi Arabia

**MEDIA, INFORMATION AND TECHNOLOGY CULTURE
(ALSO HAS AEO STATUS)**

What activities are you involved in at Western?

VP Multimedia for Amnesty International at Western, Graphics Coordinator as part of AEOSA (Advanced Entry Opportunity Students Association), and Graphics Editor for the Gazette.

What is your most memorable experience at Western?

Clubs Week was the BEST. Friends are also one of my most memorable experiences here, which I met through all the clubs I joined. I have met some of the most unique and spontaneous personalities here.

Why Western?

The MIT + HBA program. I love the fact that you can pair almost anything with an HBA degree. Best idea ever.



THE STUDENT SUCCESS CENTRE: CAREERS, LEADERSHIP AND EXPERIENCE

Managing your career begins the moment you arrive on campus. The Student Success Centre: Careers, Leadership and Experience, provides many services to help you identify and achieve your career goals as you transition from school to work. The Centre is not just for upper year students, we can help define your academic path for maximum success beginning now! We can also help you along the way with all summer and part time employment, and experiential opportunities. We offer:

CAREERCENTRAL

Address and manage your career needs 24/7 with this online application for job opportunity searching, event registration, internships, employer interviews, fairs and much more.

careercentral.uwo.ca

CAREER COUNSELLING

Learn about your aptitudes and skills to help guide your degree towards your best future career. Professional career advice and help on all career topics is available.

WESTERN'S EMPLOYMENT RESOURCE CENTRE (WERC)

The Student Success Centre hosts daily drop-in times for students to help with resumes and cover letters. It is staffed by a team of Career Leaders who are trained to provide assistance with your job search document needs. Drop-in to UCC 210 to see our Resource Centre and access this "no appointment needed" service. E-advising also available, simply email your resume and/or cover letter to werc@uwo.ca to get feedback.

werc.uwo.ca

RESOURCE LIBRARY

University Community Centre (UCC) Room 210 Physical and virtual resources are available on a variety of topics, including resumé prep, international opportunities, volunteering, continuing education and more.

CAREER EVENTS

Hundreds of events, big and small, take place throughout the year. This includes career fairs as well as networking sessions with hiring employers. Career fairs occur on campus throughout the year. Western's Career Fair is held each fall and the All-Campus Job Fair takes place in February. There is also a Graduate and Professional School Fair held on campus in late Fall each year. Several separate faculty or program-based fairs (e.g., one for students in Health Sciences) are organized throughout the school year as well.

CAREER WORKSHOPS

Workshops are available on a wide variety of topics.

success.uwo.ca/index.cfm/careers/workshops-events

EXPERIENTIAL LEARNING

Internships, Co-operative Education, Job Shadow, Community Service Learning (CSL), Guiding Professional Success Mentoring Program (GPS) and Volunteering

Make the most of your degree by gaining real-world experience while you study! Build skills, knowledge, and competencies to help you with practical application of your classroom knowledge by participating in experiential learning activities. Opportunities for experiential learning exist on campus and in local, national, and international communities.

success.uwo.ca/index.cfm/experience/experiential-learning

WESTERN'S INTERNSHIP PROGRAM

Put your classroom skills to work! The internship program provides opportunities for 8-16 months of degree-related work experience. Students in the faculties of Engineering, Science, and Social Science (MOS and Geography) may be eligible (following the completion of their third year of studies) to participate in a degree related work term. Students must have a 65 per cent (Engineering) or 70 per cent (all other programs) average and attend specific workshops to be approved for the program. Following the work term, students return to full-time studies to complete their degree requirements. Additional information can be obtained from the participating faculties or visit the website listed below.

success.uwo.ca/index.cfm/experience/internships/internship-program

The Faculties of Engineering, Social Science, Law, Science and the Richard Ivey School of Business provide career planning and job search assistance to students within those Faculties. Their goal is to connect students with compatible employers and provide experience and training related to students' career aspirations. The faculty-based Career Services offices work in cooperation with The Student Success Centre to locate interested employers, and also provide guidance for resumé development, cover letter writing, interview techniques, internships and more.

University Community Centre (UCC) Rm. 210
519-661-3559

success.uwo.ca



ALUMNI WESTERN

Involvement with Alumni Western begins before first year on the day you accept Western's offer of admission. The Alumni Association is actively involved with student outreach activities beginning with the welcoming of first year students at Off to Western events. We continue to foster this relationship with you by hosting some of Western's most memorable student events through Backpack 2 Briefcase, providing support to important campus activities like student, teaching and research awards, and finally kicking off the beginning of your professional lives with Last Lecture.

Alumni Western keeps you connected with Western through publications such as the Western Alumni Gazette, Young Alumni Magazine, Purple Flash (online newsletter) and invitations to events around the globe.

www.alumni.uwo.ca

BACKPACK 2 BRIEFCASE

ALUMNI WESTERN

Backpack 2 Briefcase is a national award-winning event series designed to assist students in all years, across all programs to make the transition to a young professional. Events in recent years have included dining etiquette, speed networking, leadership, keynote speakers and social networking receptions focused on connecting students with alumni.

www.alumni.uwo.ca/get-involved/students/b2b.html

CONTINUING STUDIES AT WESTERN

POST-DEGREE PROGRAMS

Continuing Studies at Western offers innovative educational programs to enable university students and graduates to obtain specific knowledge and skills to move into exciting career opportunities. Designed to complement an undergraduate degree, our post degree diploma and certificate programs can help you reach your career goals by providing you with the skills that today's employers demand.

Choose a career in one of these exciting fields:

- Accounting
- Arts Management
- Clinical Trials Management
- Grief and Bereavement Studies
- Marketing
- Not-for-Profit Management
- Occupational Health and Safety Management
- Pedorthics
- Public Relations

www.uwo.ca/cstudies



Opening the Mind: Western Research Expands Access, Lowers Cost to Revolutionary Treatment

By using more portable and affordable means, Damian Cruse, a postdoctoral fellow at Western's Brain and Mind Institute, plans to bring his research to the bedside. And for those locked in a vegetative state, it could mean an opportunity to once again communicate with family and friends.

Through the use of an electroencephalography (EEG) machine, portable enough to fit inside a pair of small suitcases, Cruse says testing can be taken directly to a patient's bedside which "brings the real possibility that every patient may now be given the opportunity to demonstrate they are aware."

In 2006, Western neuroscientist Adrian Owen, a colleague of Cruse, demonstrated for the first time some patients in a vegetative state not only may have cognitive thoughts, but also the ability to communicate.

While Owen's work was revolutionary in terms of patient care, that didn't mean access and affordability were in line. Up until now, assessments of vegetative patients have used functional magnetic resonance imaging (fMRI) which, while a fantastic technique, has a limited availability and high pricetag in Canada.

While an fMRI measures the flow of blood around the brain, an EEG measures electrical signals that come from the neurons in the brain, which can be used to determine which parts of the brain are responsive at particular points in time.

"Five years ago, I think it was inconceivable to most of us that we would ever be able to establish that a patient that appeared to be vegetative would actually be conscious. That generated yet another question and that was, 'Could we make a portable version of this that we can take out and use in the community?' That's where we are at now," Owen says.

As for further research, this portable and inexpensive technique brings in the real possibility of practical communication with these patients, Cruse says.

Excerpt from Western News